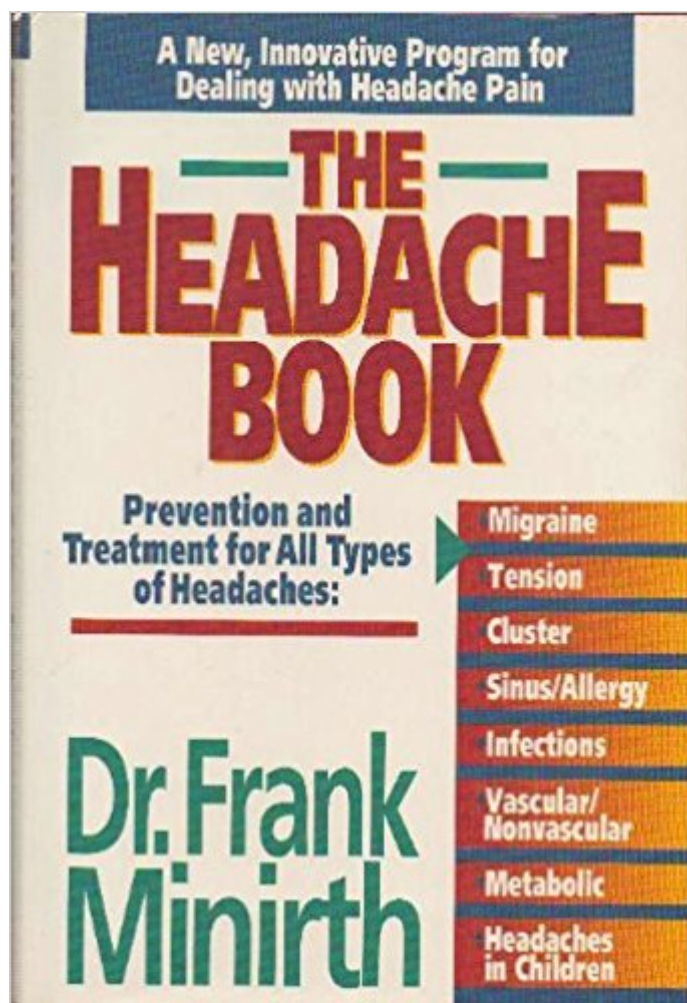


The book was found

The Headache Book: Prevention And Treatment For All Types Of Headaches



Synopsis

Encyclopedic in scope yet easy to read, The Headache Book defines the different types of headaches--sinus, migraine, tension, cluster, and others--where they come from, and how to prevent and/or manage the pain. Also covers the special problems of headaches in children.

Book Information

Hardcover: 247 pages

Publisher: Thomas Nelson Publishers; 1st edition (February 1, 1994)

Language: English

ISBN-10: 0785282564

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Product Dimensions: 6.3 x 1 x 9.3 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #2,217,485 in Books (See Top 100 in Books) #45 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches

Customer Reviews

Frank Minirth is president of the Minirth Clinic in Richardson, Texas, and one of only 122 doctors in America and Canada certified by the prestigious American Society of Clinic Psychopharmacology. He is the bestselling author of Happiness Is a Choice and can be heard weekly on both local and national radio.

After what I learned from this book and talking with my doctor, I have gone from migraine a week to one migraine in a six month period! If you suffer from any type of recurring headache, this book will help you free yourself from them.

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